



The Latino Informant

Volume 1

Winter Edition, 2013



From the Editor

Dear fellow LMSA members,

My name is Ana Mauro and I have the honor of serving you as the LMSA Midwest Regional Vice President for Academic Affairs and Health Policy. I am a second year medical student at the University of Illinois at Chicago. I was born and raised in Argentina, and lived in Miami, Florida until I moved to Chicago for medical school. I am a non-traditional student with a background in public health, and I have a great interest in health policy, global health, and addressing health disparities in underserved communities.

The purpose of this newsletter is to share different news and activities ongoing in the Midwest region, as well as maintain you updated on current relevant issues for medical students. **We really need your help to make this newsletter interesting and relevant! If you are passionate about a particular topic, or would simply like to share your story, please consider writing a piece for upcoming newsletter issues.** You can contact me via email at amauro2@uic.edu with any comments, thoughts, or questions. I look forward to hearing from you!

Happy holidays,

Ana



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LMSA Midwest House of Delegates Conference—Iowa City, August 17th, 2013

This year's House of Delegates (HOD) Conference was held at the University of Iowa in Iowa City, and was hosted by the University of Iowa and Des Moines University. The conference was a great opportunity for members to interact with other LMSA chapters, residents, as well as with faculty and staff who are leaders in the field of medicine. After a warm welcome by faculty from the two host universities, students learned about leadership styles from Dr. Saba Ali, who emphasized the importance of understanding different leadership traits in medicine. Dr. Ali explained how students can benefit from knowing what kind of leader they are, and which characteristics they can contribute to the healthcare team to deliver quality care to their patients. Dr. Salas followed this session by further emphasizing the need for culturally competent leadership in medicine, so that health professionals may address health disparities in communities in need across the nation.

After lunch, students had the opportunity to ask questions to a diverse panel of physicians regarding the many opportunities available in academic medicine.





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Following the panel discussion, Dr. Bedell from the University of Iowa further shared his experiences on how to better connect with patients and the community, as well as lessons learned on how to have a meaningful impact when practicing medicine. Dr. Lewis from Des Moines University then held a session on successful negotiation skills, sharing several strategies to achieve more effective teamwork. The conference proceeded with the HOD meeting, where members of different LMSA chapters shared their thoughts, comments and concerns about LMSA activities in their schools, as well as plans for future events.

The HOD Conference concluded with a wonderful dinner and social event with students, physicians and residents. Thanks to all participants, the event was an overall success and a great opportunity to grow our chapters in the LMSA Midwest region.



GLAS Conference

This year's Dr. Hector P. Garcia Leadership & Advocacy Seminar (G.L.A.S) conference was held during the weekend of November 22-24th, in McAllen, TX. Members of several LMSA regional chapters as well as the LMSA national board attended the conference. We heard presentations from leaders in the healthcare field, had team building sessions, and shared ideas on future initiatives for LMSA.



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GLAS Conference (Cont.)

During the conference, Senator Juan “Chuy” Hinojosa highlighted the importance of building relationships with state legislators, having effective communication and advocacy skills, and becoming physician advocates for patients and communities. Key talking points included the following:

- Get to know your legislators and elected officials; you can start contacting them with a letter or phone call, and even request a visit.
- Know the issue; present your opinion and back it up with facts.
- Discuss one issue at a time; use personal anecdotes that show the importance of an issue and its impact on individuals in real life.
- Offer solutions; offer legislative sessions online and read about bills filed to understand how these will affect patients and communities.



Want to know who are the senators and representatives in your area? Visit <http://www.opencongress.org/people/zipcodelookup> and enter your information.

Congratulations to the University of Michigan Medical School for their Chapter Grant!

The University of Michigan Medical School received an LMSA grant to support their Mitchell Family Health Resource Fair! This will be a partnership with Mitchell Elementary school, with the ultimate goal of providing information on health concerns of interest in underserved communities. Furthermore, by engaging with community members, University of Michigan students from the Advanced Medical Spanish class will be able to practice and enhance medical Spanish language and cultural skills that can only be honed through direct exposure. Stay tuned for more updates on their progress!

Is your school interested in applying for a chapter grant? The LMSA Midwest (MW) grant program allows LMSA MW chapters to apply for funds that will be used for programs that (1) are consistent with our core principles, (2) are sustainable, and (3) are potentially adaptable to other chapters in the region or the region as a whole. **The deadline for grant applications is midnight December 31st of each year.** Grant applications are reviewed by a committee of LMSA MW Executive Board members on a rolling basis in order of submission. LMSA MW grants a maximum of \$1500 per year. Typical awards range between \$100-\$500 and may be increased for exceptional grants.

For more information, visit <http://lmsa.net/midwest/members/chapters/lmsa-grant-application-2013/>



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New LMSA resolutions process



Are you interested in helping shape the voice of LMSA both regionally and nationally? A new resolutions process is underway both in our region and throughout LMSA chapters nationwide. A resolution can be created by members who are passionate about a particular issue, or who would like to be more involved in healthy policy through this organization. You can help both submit and vote on LMSA resolutions, as well as share your comments, questions and concerns on the Midwest resolutions process. We can help edit and prepare them for review by the executive board and by other chapters. If you are interested in writing or assisting with the review process of LMSA resolutions for the Midwest region, please email amauro2@uic.edu.

Call for Research Abstracts!

The Midwest Regional LMSA wants to hear about the research you are doing! The next Regional LMSA conference will be held at Northwestern University Feinberg School of Medicine on January 18th, 2014. Submissions of all types of research will be reviewed. This conference will again feature our annual research poster competition; individuals receiving the top prizes will be provided with a financial aid and award recognition at the conference and in our LMSA regional newsletter publications. Presenting a research poster at a national conference is an excellent way to share your hard work and innovative research findings with other health professionals – and it looks great on your CV. **The deadline for submissions has been extended to January 5th, 2014.** Award winning posters will be judged at the conference in January. Prizes include 1st, 2nd, and 3rd place financial awards of \$250, \$150, and \$100 respectively. Please email your submissions to our Regional Vice President for Academic Affairs & Health Policy at amauro2@uic.edu.

24th Annual LMSA Midwest Regional Conference “Advancing the Front Line: Latino Physicians Across All Specialties”

January 18th - 19th, 2014

Jan. 18th, 7:00 AM: Conference Day
Jan. 19th, 8:00 AM: Service Day

**Northwestern Feinberg School of Medicine,
303 East Chicago Avenue, Chicago, IL**

CALL FOR ABSTRACTS

Undergraduate and medical students are invited to present a poster summarizing their research!
\$\$\$ prizes for 1st, 2nd and 3rd places!!
If interested, just indicate in your registration.

REGISTRATION

Register at www.lmsa.net/midwest

	Early Bird (Prior to Dec 21)	After Dec 21
Undergrads	\$10	\$15
Med Students	\$20	\$25
Physicians	\$30	\$40



**NORTHWESTERN UNIVERSITY
FEINBERG
SCHOOL OF MEDICINE**

***Please contact us with any questions or comments;
we look forward to seeing you again in the 2014 spring semester!***